

CURRICULUM VITAE

BIODATA

Name	Dr.Smt.NandaGurwara nandagurwara@gmail.com 
Post	Professor Govt. D. B. Girls P. G. (Autonomous) College KaliBadi, Raipur (C.G.)
Educational Qualification	M.H.Sc. (Food & Nutrition), B.Ed. , Ph.D.
Date of Joining & Teaching Experience	31.12.1985, 37 years and 03 months of teaching experience
Orientation	03 No. 1. Rani Durgavati Vishwvidyalaya, Jabalpur Orientation course (30.03.92 to 25.04.92) 2. Entrepreneurship Development Cell. Faculty Development Programme in Entrepreneurship organized by Pt. Ravishankarshukla University Raipur. (19th Nov. to 10th Dec. 1996.) 3. Indira Gandhi National Open University , Orientation Programme for counsellor (3rd 4th November'2012)
Refresher Courses	03 Nos. 1. Refresher course in Home Science organized by S.N.D.T. College Mumbai sponsored by UGC(30th Oct 95 to 18th Nov 95) 2. Refresher course in Home Science Organized by Nagpur University sponsored by UGC. 3. Refresher course in Home Science Organized

by Academic Staff College , Pt. Ravishankar
Univ. Raipur (18th Feb. to 9th March 2013)

Ph.D.

**Pt. Ravishankar Shukla University Raipur, 16.05
2002**

**“Anaemia and cardio vascular efficiency of
adolescent girls of different Socio Economic
status in Raipur”
(Thesis Published by UGC 2006)**

GUIDED PHD SCHOLAR's

07 NUMBER.

02 No.REGISTERED 2019-20

INTERNATIONAL AWARD

BEST POSTER PRESENTATION

INTERNATIONAL CONFERENCE 2019

PUBLICATION PAPER PUBLISHED:

INTERNATIONALRESEARCH PAPER PUBLICATION : 35

NATIONAL RESEARCH PAPER PUBLICATION : 49

RESEARCH PROJECT : 05

03 PRINCIPAL INVESTIGATOR

02 CO INVESTIGATOR

SEMINARS/WORKSHOP/SYMPOSIUM : 48

NATIONALWORKSHOP : Sponsored by UGC

ORGANIZING SECRETARY : 01

WORKSHOP : 02

TRAINING PROGRAMME : 04

ATTENDED WEBINAR's.INTERNATIONAL & NATIONAL : 40

VIDEO PRESENTATION FOR YOU TUBE COMPETITIONCONDUCTEDONLINE : 08

WEBINAR CONDUCTED ONLINE : 01

**DEAN:IN HOME SCIENCE DEPARTMENT Pt.RAVISHANKAR SHUKLA UNIVERSITY
RAIPUR (C. G.)**

EC MEMBER:Pt.RAVISHANKAR SHUKLA UNIVERSITY RAIPUR (C. G.)

**ONLINE PAPER PRESENTATION IN INTERNATIONAL SCIENCE CONGRESS
ASSOCIATION (ISCA) IVC 2020 : 04**

TOPIC:

- 1.INTERLINKING NUTRITION & STRESS MANAGEMENT Dr. NANDA GURWARA**
- 2.DIETARY PATTERN & LIFESTYLE MODIFICATION OF NON ALCOHOLIC FATT
LIVER DISEASE PATIENT BY NAFISA &Dr. NANDA GURWARA**
- 3.CHILD LABOUR & HEALTH By POOJA SONKER &Dr. NANDA GURWARA**
- 4.MPACT OF BREAST FEEDING & WEANING PRACTICES ON INFANTS
MOTHERS NUTRITIONAL STATUS & FORMULATION OF LOW COST NUTRITIONAL
SUPPLEMENTARY FOOD.**

RESOURCE PERSON

- 1.IN ORIENTATION PROGRAMME FOR YOUNG TEACHERS OF COLLEGE
&UNIVERSITY HUMAN RESOURCE DEVELOPMENT CENTRE PT.
RAVISHANKAR SHUKLA UNIVERSITY RAIPUR- 492001 (C.G.) 18th
NOVEMBER -2019.**
- 2. NATIONAL WEBINAR OF SAGAR UNIVERSITY TOPIC-STYLES OF
STRESSMANAGEMENT ON 28TH JULY-20. GOVT. AUTONOMOUS GIRLS
P.G.EXCELLENCECOLLEGE SAGAR (M.P.)**
- 3. NATIONAL WEBINAR OF GOVT. ARTS AND COMMERCE COLLEGE,
DEVENDRA NAGAR RAIPUR TOPIC- NUTRITION AND CANCER ON 4TH
FEB. 2021.**

INTERNATIONAL POSTER PRESENTATION

AWARDS RECEIVED:

1. INTERNATIONAL BEST POSTER PRESENTATION AWARD

ORGANIZED BY 9th INTERNATIONAL SCIENCE CONGRESS (ISCA) 8th & 9th DECEMBER-2019.

2. SCHOLAR ALSO RECEIVED BEST POSTER PRESENTATION AWARD IN (ISCA) 8th & 9th DECEMBER-2019.

SECTIONAL PRESIDENT -- 9th INTERNATIONAL SCIENCE CONGRESS (ISCA) 8th & 9th DECEMBER-2019 SECTIONAL PRESIDENT FOR FAMILY COMMUNITY & CONSUMER.

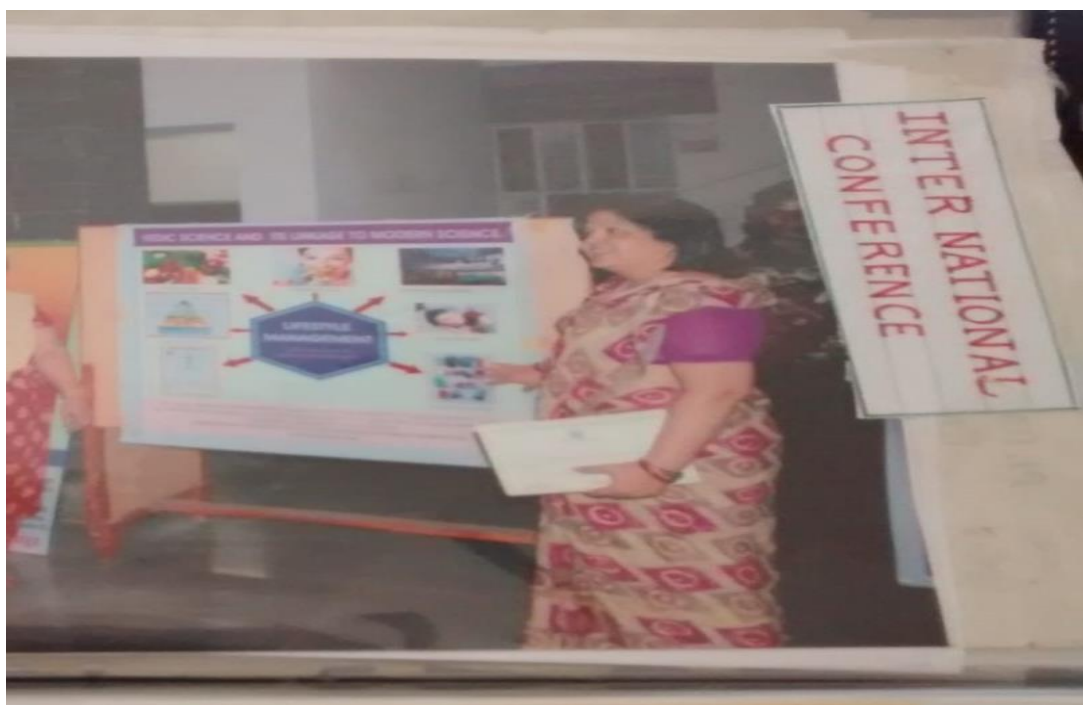
NATIONAL AWARD

GOVERNMENT HORTICULTURE DEPARTMENT OF CHHATTISGARH, OBTAINED 2nd POSITION IN PRESERVED FOOD COMPETION 11th to 13th JANUARY 2020.

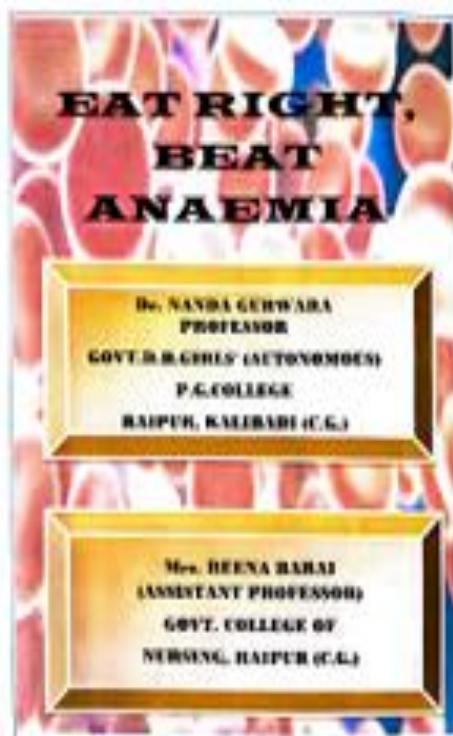
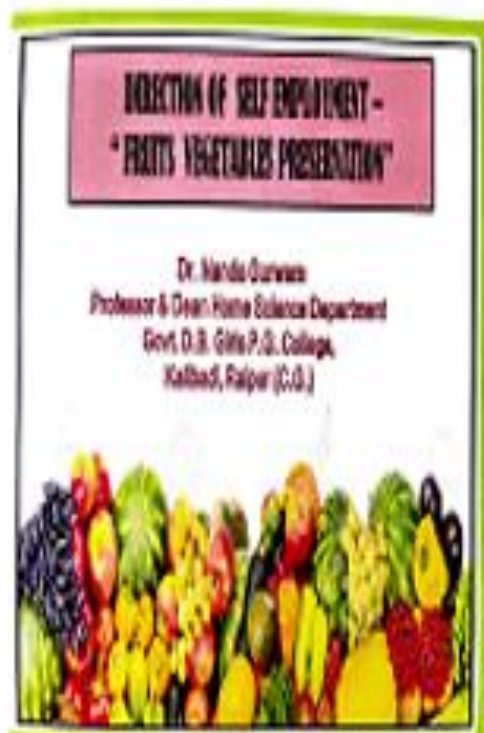
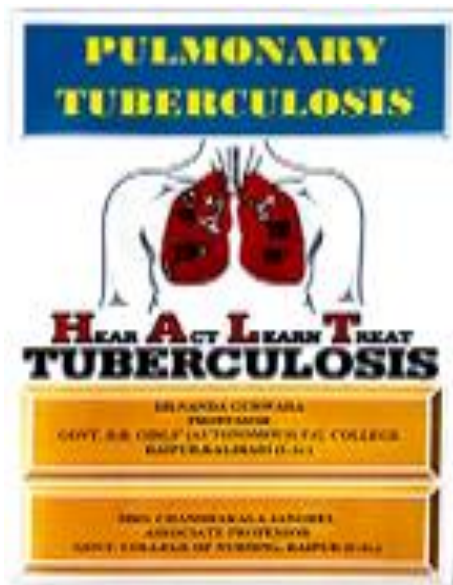
- 1) Topic: Effect of dietary supplementation on anemic tribal women of Chhattisgarh. National workshop organized by Nutrition society of India, Nagpur Chapter (Nutricon 2018)**
- 2) Topic: Effect of protein and vitamin C supplementation on Anthropometric Assessment of pulmonary Tuberculosis Patients. National workshop organized by Nutrition society of India, Nagpur Chapter (Nutricon 2018)**

- 3) International colloquium on endocrinology and physiology, under the auspicious of Indian Society For Comparative Endocrinology, 29-30 September 2014.
- 4) International conference on Vedic Science and its Application. 20-21 Nov. 2010. Poster Presentation.

Poster Presentation



BOOKLETS PUBLISHED



International Research Paper Publications

2019

- 1. Dr. Nanda Gurwara “Effect of protein and vitamin C supplementation with lifestyle modification counselling on biochemical parameters of male tuberculosis patient”.IJRASET July 2019 International Journal paper ID IJRASET24473.**
- 2. Dr.Nanda Gurwara “Prevention of under nutrition in women with soya multigrain and iron based oral nutrition supplements: an experimental study”.Published in IJEDR Vol 7 issue 3 July 2019 International Journal for Research in Applied Science & Engineering.**

2018

- 3. ReenaBarai andDr. Nanda Gurwara, (2018) “Effect of Multigrain Soya Panjiri Supplementation on Quetelet Index and Anaemia Profile of Malnourished Women of Chhattisgarh”International Journal for Research in Applied Science & Engineering Technology (IJRASET) *ISSN: 2321-9653; IC Value: 45.98; SJ Impact Factor: 6.887 Volume 6 Issue XII, Dec 2018- Available at www.ijraset.com***
- 4. ReenaBarai andDr. Nanda Gurwara, (2018) “Efficacy of multigrain panjiri with iron and folic acid therapeutic supplementation in management of anaemia among malnourished women”. International journal of researches in biosciences, agriculture and**

**technology I J R B A T, vol. Vi (special issue 1), January 228- 234
ISSN 2347 – 517.**

- 5. ChandrakalaJanghel and Dr. Nanda Gurwara, (2018) “Association of Lifestyle Changes with Biochemical Parameters of Pulmonary Tuberculosis Patients” International Journal for Research in Applied Science & Engineering Technology (IJRASET)/ISSN: 2321-9653; IC Value: 45.98; SJ Impact Factor: 6.887Volume 6 Issue XII, Dec 2018- Available at www.ijraset.com**
- 6. ChandrakalaJanghel and Dr. Nanda Gurwara, (2018) “Impact of protein and vitamin c supplementation in malnourished pulmonary tuberculosis patients” International journal of researches in biosciences, agriculture and technology I J R B A T, vol. Vi (special issue 1), January 228- 234 ISSN 2347 – 517**

2015

- 7. ReenaBarai and Dr. Nanda Gurwara, (2015) “Impact of soya multigrain panjiri supplementation on haemoglobin level among women in Raipur”. International Journals of Home Science IJHS 2016; 2(1): 22-24.**
- 8. Dr. Nanda Gurwara& Daisy Abraham “An Analysis of Risk Factor of Osteoporosid with Respect to age of Permenopausal Women at Bhilai (C.G.)”. International Research Journal of Humanities, Engineering & Pharmaceutical Sciences Volume 2/Issue 10, 2015, ISSN No. 2320-2955.**
- 9. ChandrakalaJanghel andDr. Nanda Gurwara, (2015) “Efficacy of Egg and Amla Supplement on Serum total Protein Levels of Patients Suffering from Pulmonary Tuberculosis”. Research**

**Journal of Arts, Management and Social Sciences ISSN 0975-4083,
Vol.- XIV, Eng.-II, Year-VII, April, 2016 Impact Factor 1.223 (IIFS).**

2013

- 10. ChitrarekhaSingroul, Dr. Nanda Gurwara, International Interdisciplinary Research Journal (Bio-monthly), ISSN2249-9598, Volume-III, Issue-VI, Nov-Dec.2013.**
- 11. Dr. Nanda Gurwara& Daisy Abraham “Effectiveness of nutrition educational and osteoporosis risk factor in premenopausal women”. Research Journal of Social’s life Science (half yearly Bilingual) registered Review Referred Research Journal Indexed and listed at Ulrich’s International Periodical Directory Vol : 14-1 Issue no. 0973-3914 English Edition year 07 July 2013 page no. 247 To 252**
- 12. Jaya Chakraborty, Nanda Gurwara“Effectiveness of Group-Based Counselling on Health Status and Dietary Intake of Women and Their Children”. International Journal of Science and Research (IJSR) ISSN (Online): 2319-7064 Index Copernicus Value (2013): 6.14 | Impact Factor (2013): 4.438**
- 13. Dr. Nanda Gurwara& Daisy Abraham “A study of assess the attitude of fathers towards girl child and its impact on child’s subjective well being in selected rural area of Bhilai (CHATTISGARH)”. International Research Journal – Lab to Land, April-June 2012 page no. 255 to 256, Vol : 04, no 14 ISSN no. 0975-282X.**
- 14. Jaya Chakraborty& Nanda Gurwara “Relationship between diet and anaemia among young adult women in urban slums, Durg(C.G)”.2013International ResearcherJournal of Humanities & applied sciences issue**

15. ChitrarekhaSingroul, Dr. Nanda Gurwara “Prevalence of Anaemia in Pulmonary Tuberculosis Patients”. International Interdisciplinary Research Journal (Bio-monthly), ISSN2249-9598, Volume-III, Issue-VI, Nov-Dec.2013.

16. Daisy Abraham &Dr. Nanda Gurwara “Effectiveness of nutritional educational and osteoporosis risk factor in premenopausal women”. Research Journal of Social’s life Science (half yearly Bilingual) registered Review Referred Research Journal Indexed and listed at Ulrich’s International Periodical Directory Vol : 14-1 Issue no. 0973-3914 English Edition year 07 July 2013 page no. 247 To 252 .

2012

17. Anjuli Mishra, dr. Nanda Gurwara “Assessment of Clinical and anthropometric parameter of Schizophrenic Patients of Raipur City”. Int. Res. J. lab to Land, Vol.- 4, No.-14, 2012.ISSN No. 0975-282X. (2012)

18. ChitrarekhaSingroul, Dr. Nanda Gurwara “Nutritional Assessment of pulmonary Tuberculosis patients”. International research Journal lab To Land, Vol.-4, No.-14, 2012. ISSN No. 0975-282X. (2012)

19. Dr. Nanda Gurwara& Daisy Abraham “A study of assess the attitude of fathers towards girl child and its impact on child’s subjective well being in selected rural area of Bhilai(CG)”. International Research Journal – Lab to Land, April-June 2012 page no. 255 to 256, Vol : 04, no 14 ISSN no. 0975-282X.

20. Jaya Chakraborty& Nanda Gurwara“A study to assess the knowledge and nutritional status of rural mothers and their under-five and to create awareness regarding healthy food habits in

Durg(C.G.)” An International Research Journal-LAB TO LAND, Vol.-4, No. 14, April- June 2012, Pg-245-247.

- 21. ChitrarekhaSingroul, Nanda Gurwara “Nutritional assessment of pulmonary tuberculosis patients”. An International Research Journal-LAB TO LAND, Vol.-4, No. 14. 2012.**

2011

- 22. Nanda Gurwara& Jaya Chakraborty “A comparative study to assess the growth and development pattern of infants in selected rural and urban community of Durg district (C.G)”. An International Research Journal-LAB TO LAND, Vol.- 3 ,No. 12 , Oct-Dec. 2011, Pg-547-78**

- 23. Dr. Nanda Gurwara& Daisy Abraham “A study to assess the effectiveness of information booklet on breast feeding among antenatal mothers in selected hospital at Bhilai (CG)”. International Research Journal – Lab to Land Vol : 3, Issue no. 12 ISSN no. 0975-282X Oct – Dec 2011 Page no. 581 to 582**

- 24. Dr. Nanda Gurwara& Daisy Abraham “An experimental study to evaluate the effectiveness of normal saline flush versus heparinised saline flush in maintaining the patency of peripheral IV catheters among children in selected hospital at Bhilai (CG)”. International Research Journal – Lab to Land Vol : 3 issue no.10 ISSN no. 0975-282X April – June 2011 Page no. 221 to 223**

- 25. Nanda Gurwara& Jaya Chakraborty “A study to assess the effectiveness of computer assisted planned teaching programme on family life education in terms of knowledge of adolescent school girls in selected school at Bhilai, C.G”. An International Research Journal-LAB TO LAND, Vol.-3, No.10, Apr-June 2011 Pp224-226.**

26. **Nanda Gurwara& Jaya Chakraborty “A comparative study to assess the growth and development pattern of infants in selected rural and urban community of Durg district (C.G)”. An International Research Journal-LAB TO LAND, Vol.- 3 ,No. 12 , Oct-Dec. 2011, Pg- 547-78**
27. **Dr. Nanda Gurwara& Daisy Abraham “A study to assess the effectiveness of information booklet on breast feeding among antenatal mothers in selected hospital at Bhilai (CHATTISGARH)”. International Research Journal – Lab to Land Vol : 3, Issue no. 12 ISSN no. 0975-282X Oct – Dec 2011 Page no. 581 to 582.**
28. **Dr. Nanda Gurwara& Daisy Abraham “An experimental study to evaluate the effectiveness of normal saline flush versus heparinised saline flush in maintaining the patency of peripheral IV catheters among children in selected hospital at Bhilai (CHATTISGARH)”. International Research Journal – Lab to Land Vol : 3 issue no.10 ISSN no. 0975-282X April – June 2011 Page no. 221 to 223.**
29. **Nanda Gurwara& Jaya Chakraborty “A study to assess the effectiveness of computer assisted planned teaching programme on family life education in terms of knowledge of adolescent school girls in selected school at Bhilai, C.G”. An International Research Journal-LAB TO LAND,Vol.-3,No.10,Apr-June 2011Pp224-226.**
30. **Nanda Gurwara& Jaya Chakraborty “A comparative study to assess the growth and development pattern of infants in selected rural and urban community of Durg district (C.G)”. An International Research Journal-LAB TO LAND, Vol.- 3 ,No. 12 , Oct-Dec. 2011, Pg- 547-78**

31. Nanda Gurwara& Jaya Chakraborty “A comparative study to assess the growth and development pattern of infants in selected rural and urban community of Durg district (C.G)”. An International Research Journal-LAB TO LAND, Vol.- 3 ,No. 12 , Oct-Dec. 2011, Pg- 547-78 .

2009

32. Nanda Gurwara&ChitrarekhaSingroul “Effect of Supplementation of powdered fenugreek seeds for –non insulin dependent diabetes mellitus patients Lab to Land”. An International Journal ISSN No. 0975-282X Vol. 01 Nov IV Oct-Dec 2009. .

33. Dr. Nanda Gurwara“A Study of Bone Mineral density changes in per menopausal women”. Int. Res. J. Lab to Land, Vol. – 1 , No. 9, 2009 (302-305)

34. Dr.Nanda Gurwara, ChitrarekhaSinghrol, VasuVerma, “Effect of Supplementation of Powdered Fenugreek Seeds for non- insulin dependent diabetes mellitus patients”. Int Res. J. Lab to Land, Vol. I, No. 4, 2009.

Research Paper Publications

2019

- 1. Nanda Gurwara. "Effect of protein and vitamin C supplementation with lifestyle modification counselling on biochemical parameters of male tuberculosis patients". Vol.7,issue VIII, july 2019:ID-IJARASET24473.**
- 2. Nanda Gurwara. Effect of protein and vitamin C supplementation with lifestyle modification counselling on biochemical parameters of male tuberculosis Vol.7,issue VIII, july 2019:ID-IJARASET24473.**

2018

- 3. ReenaBarai and Dr. Nanda Gurwara, (2018) " Effect of Multigrain Soya Panjiri Supplementation on Quetelet Index and Anaemia Profile of Malnourished Women of Chhattisgarh" International Journal for Research in Applied Science & Engineering Technology (IJRASET) *ISSN: 2321-9653; IC Value: 45.98; SJ Impact Factor: 6.887 Volume 6 Issue XII, Dec 2018- Available at www.ijraset.com***
- 4. ReenaBarai and Dr. Nanda Gurwara, (2018) "Efficacy of multigrain panjiri with iron and folic acid therapeutic supplementation in management of anaemia among malnourished women "International journal of researches in biosciences, agriculture and technology I J R B A T, vol. Vi (special issue 1), January 228- 234 ISSN 2347 – 517. Impact Factor**
- 5. ChandrakalaJanghel and Dr. Nanda Gurwara, (2018) "Association of Lifestyle Changes with Biochemical Parameters of Pulmonary Tuberculosis Patients" International Journal for Research in Applied Science & Engineering Technology (IJRASET)*ISSN: 2321-9653; IC Value: 45.98; SJ Impact Factor: 6.887Volume 6 Issue XII, Dec 2018- Available at www.ijraset.com***

- 6. ChandrakalaJanghel and Dr. Nanda Gurwara, (2018) "impact of protein and vitamin c supplementation in malnourished pulmonary tuberculosis patients" International journal of researches in biosciences, agriculture and technology I J R B A T, vol. Vi (special issue 1), January 228- 234 ISSN 2347 – 517**

2016

- 7. ChandrakalaJanghel and Dr. Nanda Gurwara, (2016) "Lifestyle Modification and Pulmonary Tuberculosis" Vikas International Journals of Home Science Volume 13 Page No. 8 – 11.**
- 8. ReenaBarai and Dr. Nanda Gurwara, (2016) "Prevalence of Anaemia in Women" Vikas International Journals of Home Science Volume 13 Page No. 1 – 7.**
- 9. Dr. Nanda Gurwara and ReenaBarai, (2016) "Impact of soya multigrain panjiri supplementation on haemoglobin level among women in Raipur" International Journals of Home Science IJHS 2016; 2(1): 22-24. Impact factor 3.32**
- 10. ChandrakalaJanghel and Dr. Nanda Gurwara, (2016) "Efficacy of Egg and Amla Supplement on Serum total Protein Levels of Patients Suffering from Pulmonary Tuberculosis" Research Journal of Arts, Management and Social Sciences ISSN 0975-4083, Vol.-XIV, Eng.-II, Year-VII, April, 2016 Impact Factor 1.223 (IIFS).**
- 11. Dr. Nanda Gurwara, Sonal Agrawal(2016) "Effect of supplementation of soya multigrain panjiri on cardiovascular efficiency among women" International Journal of Home Science 2016; 2(1): 178-180. Impact Factor 3.32.**

2015

12. **ChitrarekhaSingroul, Nanda Gurwara (2015) 'Effect of Dietary Counseling on the Pulmonary Tuberculosis Patients' Online International Interdisciplinary Research Journal, {Bi-Monthly}, ISSN 2249-9598, Volume-V, Jan 2015 Special Issue, Impact Factor 2.217**
13. **Anjuli Mishra, Nanda Gurwara (2015) 'Assessment of Clinical parameter of general appearance, hair, face, lips of Schizophrenic patient of Raipur districts' Online International Interdisciplinary Research Journal, {Bi-Monthly}, ISSN 2249-9598, Volume-V, Issue-III, May-June 2015 Issue, Impact Factor 2.089.**
14. **Mrs.Sreemini Pillai, Dr. Nanda Gurwara, "Effect of Dietary Counselling and Lifestyle Modification on Dietary Intake among Hypertensive Patients" Zenith International Journal of Multidisciplinary Research (Online ISSN: 2231-5780). Impact Factor 3.567.**
15. **Daisy Abraham, Dr. Nanda Gurwara(2015) "An Analysis of Risk Factor of Osteoporosis with Respect to age of Permenopausal Women at Bhilai (CG)" International Research Journal of Humanities, Engineering & Pharmaceutical Sciences p-ISSN 2249-2569, e-ISSN 2320-2955, ISBN 978-81-909047-9-7, Vol. 2/Issue 10/Year 5,June 2015, Impact Factor 3.567.**

2014

16. **Jaya Chakraborty, Nanda Gurwara. "Nutritional status of Women and Children: An Area of Concern". Research Journal of Social and Life Science, ISSN 0973-3914, Vol.-XVI-I Years-8, June, 2014 Page No 162-165.**
17. **Sree Mini Pillai, Dr. Nanda Gurwara. DASH Diet and Hypertension. Research Journal of Arts, Management and Social**

Sciences' ISSN 0975-4083, Vol.-X-II, Year-5, march, 2014 Page No. 32-34 .

18. Daisy Abraham, Dr. Nanda Gurwara. Closer Look at Osteoporosis- A Preventable Disease. Research Journal of Arts, Management and Social Sciences' ISSN 0975-4083, Vol.-X-II, Years-5, march,2014 Page No 35-47.

19. Daisy Abraham, Dr. Nanda Gurwara. Closer Look at Osteoporosis- A Preventable Disease. Research Journal of Arts, Management and Social Sciences' ISSN 0975-4083, Vol.-X-II, Years-5, march,2014 Page No 35-47.

20. Sree Mini Pillai, Dr. Nanda Gurwara. DASH Diet and Hypertension. Research Journal of Arts, Management and Social Sciences' ISSN 0975-4083, Vol.-X-II, Year-5, march, 2014 Page No. 32-34

21. Sree Mini Pillai, Dr. Nanda Gurwara. DASH Diet and Hypertension. Research Journal of Arts, Management and Social Sciences' ISSN 0975-4083, Vol.-X-II, Year-5, march, 2014 Page No. 32-34

2013

22. Relationship between diet and anaemiaamong young adult women in urban slums, durg (c.g).2013International ResearcherJournal of Humanities & applied sciences issue Jaya Chakraborty& Nanda Gurwara

23. Anaemia& Cardiovascular efficiency among young adult women.Edu Junction vol.-2 Jan-Mar.-2013.ISSN 2278-3938 pp-87. Dr Nanda Gurwara& Jaya Chakraborty.

2012

- 24. A study to find the risk factors of hypertension and to assess the effectiveness of Dietary approach to stop Hypertension (DASH) Diet and Life Style Modifications on Blood Pressure and Quality of life among Hypertensive Persons in Bhilai (C.G.) Journal of Humanities & Applied Sciences , Vol – II , july 2012 Page – 10, 11, 12 , Mrs. Sreemini Pillai, Dr. Mrs. Nanda Gurwara.**
- 25. Mother and child health, nutritional status and effectiveness of counseling among rural woman, durg, (Chattisgarh), Journal of Humanities & applied sciences issue –II Vol-II, July 2012 Pg. No.- 1-6 Jaya Chakraborty& Nanda Gurwara.**
- 26. Empowerment of working Women In Health Status. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012. Anjali Mishra, dr. Nanda gurwara**
- 27. Mother and child health, nutritional status and effectiveness of counseling among rural woman, durg, (Chattisgarh), Journal of Humanities & applied sciences issue –II Vol-II, July 2012 Pg.No.- 1-6 Jaya Chakraborty& Nanda Gurwara.**
- 28. Assessment of risk factors of Osteoporosis and effectiveness of life style modification practices related to osteoporosis among premenopausal women at Bhilai (CG) Journal of humanities and applied sciences Quarterly National referred journal ,Vol . II Issue 2 ISSN no. 2248-9673, July 2012 Page 7-9 Dr. Nanda Gurwara& Daisy Abraham.**
- 29. Mother and child health, nutritional status and effectiveness of counseling among rural woman, durg, (cg), Journal of Humanities & applied sciences issue –II Vol-II, July 2012 Pg.No.- 1-6 Jaya Chakraborty& Nanda Gurwara**

- 30. A study to find the risk factors of hypertension and to assess the effectiveness of Dietary approach to stop Hypertension (DASH) Diet and Life Style Modifications on Blood Pressure and Quality of life among Hypertensive Persons in Bhilai (C.G.) Journal of Humanities & Applied Sciences , Vol – II , july 2012 Page – 10, 11, 12 , Mrs.Sreemini Pillai, Dr.Mrs. Nanda Gurwara**
- 31. Effectiveness of informational booklet regarding Quinolones on Knowledge and practice of staff nurses Lab to Land , Vol. – 3 , No. 10 , April – June 2011, Page – 216, 217, Nanda Gurwara, Sreemini Pillai.**
- 32. Study on Impact of Training on Mushroom Processing Technology among Rural Women in Raipur District. Journal of humanities and applied sciences (ISSN -2248-9673) Issue -4 , Vol. 1 , Jan. 2012, page 1, 2 , Mrs.Jyoti Bhatt, Dr. Nanda Gurwara, Dr.SandhyaVerma.**
- 33. Research Journal-LAB TO LAND,Vol.-4, No. 14. 2012.**
- 34. Effect of soya supplementation on anaemia and cardiovascular efficiency among young adult women in urban slums. Dr.NandaGurwara, Mrs.JayaChakraborty, Daisy Abraham, sreemaniPillai. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012.**
- 35. Opportunities in value addition of fruits and vegetables in Chhattisgarh.National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012. Dr. Nanda Gurwara, Mrs, Jyoti Bhatt.**
- 36. Study on Impact of Training on Mushroom Processing Technology among Rural Women in Raipur District. Journal of**

humanities and applied sciences (ISSN -2248-9673) Issue -4 , Vol. 1 , Jan. 2012, page 1, 2 , Mrs.Jyoti Bhatt, Dr. Nanda Gurwara, Dr.SandhyaVerma.

- 37. Jaya Chakraborty, Nanda Gurwara. Nutritional status of Women and Children: An Area of Concern. Research Journal of Social and Life Science, ISSN 0973-3914, Vol.-XVI-I Years-8, June, 2014 Page No 162-165.**
- 38. Assessment of risk factors of Osteoporosis and effectiveness of life style modification practices related to osteoporosis among premenopausal women at Bhilai (CHATTISGARH) Journal of humanities and applied sciences Quarterly National referred journal ,Vol . II Issue 2 ISSN no. 2248-9673, July 2012 Page 7-9 Dr. Nanda Gurwara& Daisy Abraham.**
- 39. Assessment of risk factors of Osteoporosis & effectiveness OS lifestyle modification practices related to osteoporosis among premenopausal women at Bhilai(C.G.). Journal of Humanities and Applied Sciences. ISSS NO. 2248-9673. Issue-2 volume 2 July 2012. .Dr. Nanda Gurwara, Daisy Abraham.**
- 40. Study on Impact of Training on Mushroom Processing Technology among Rural Women in Raipur District. Journal of humanities and applied sciences (ISSN -2248-9673) Issue -4 , Vol. 1 , Jan. 2012, page 1, 2 , Mrs.Jyoti Bhatt, Dr. Nanda Gurwara, Dr.SandhyaVerma.**
- 41. Common problems of School going Children upto 13 Years. Journal of humanities and applied sciences (ISSN -2248-9673) Issue -4 , Vol. 1 , Jan. 2012, page 1, 2 , Mrs.Jyoti Bhatt, Dr. Nanda Gurwara.**

- 42. Effect of soya supplementation on anaemia and cardiovascular efficiency among young adult women in urban slums. Dr.NandaGurwara, Mrs.JayaChakraborty, Daisy Abraham, sreemaniPillai. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012.**
- 43. Opportunities in value addition of fruits and vegetables in Chhattisgarh.National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012. Dr. Nanda Gurwara, Mrs, Jyoti Bhatt.**
- 44. Empowerment of working women and health status. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012.Anjuli Sharma, Dr. Nanda Gurwara.**
- 45. Common problems of School going Children upto 13 Years. Journal of humanities and applied sciences (ISSN -2248-9673) Issue -4 , Vol. 1 , Jan. 2012, page 1, 2 , Mrs. Jyoti Bhatt, Dr. Nanda Gurwara.**
- 46. Empowerment Of working Women In Health Status. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012. Anjuli Mishra, dr. Nanda gurwara.**
- 47. Dietary supplementation and Nutraceuticals. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012. ChitrarekhaSingroul, Dr. Nanda Gurwara.(2013).**
- 48. Empowerment of working women and health status. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities**

in Home Science 26th& 27th September 2012. Anjali Sharma, Dr. Nanda Gurwara.

49. Empowerment of working women and health status. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 26th& 27th September 2012. Anjali Sharma, Dr. Nanda Gurwara.

50. Impact of economic crises on service sector in India. National seminar Govt. R. B. NavinKanya College Raipur. Dr. Nanda Gurwara. Shree Mani Pillai.

51. Assessment of clinical and Anthropometric parameter of Schizophrenic patient of Raipur city. LAB TO LAND, Vol.- 4, No. 14, 2012. Anjali Sharma, Dr. Nanda Gurwara.

52. Nutritional assessment of pulmonary tuberculosis patients. Lab to Land, Vol. -4 No.-14, 2012, page no.240-243. Chitrarekha Singroul, Dr. Nanda Gurwara,

53. A study to find the risk factors of hypertension and to assess the effectiveness of Dietary approach to stop Hypertension (DASH) Diet and Life Style Modifications on Blood Pressure and Quality of life among Hypertensive Persons in Bhilai (C.G.) Journal of Humanities & Applied Sciences , Vol – II , july 2012 Page – 10, 11, 12 , Mrs. Sreemini Pillai, Dr. Mrs. Nanda Gurwara.

54. Rural women entrepreneurship in Chhattisgarh. National seminar 20-21 no. 2012. Dr. Nanda Gurwara, Mrs. Jyoti Bhatt, Dr. Sandhya Verma.

55. Climate changes and consequential change in agriculture of Chhattisgarh. National work shop. Mrs. Jyoti Bhatt, Dr. Nanda Gurwara, 7 August 2012.

56. ChitrarekhaSingroul*, Dr. Nanda Gurwara. Dietary supplementation and Nutraceuticals. National Seminar on Women Entrepreneurship Recent Trends \$ Opportunities in Home Science 2^{6th} & 2^{7th} September 2012.**

2011

57. Study to assess the effectiveness of information booklet on breastfeeding among antenatal mothers in selected hospital at Bhilai (C.G.) . Lab to Land , Vol. – 3 , No. 12.2011, Page no. 581-582. Dr. Nanda Gurwara,Daisy Abraham .

58. A study to assess the knowledge regarding complementary therapies and the type of therapy used among general population of Bhilai (C.G.) Lab to Land , Vol -3 no. – 12, Oct – Dec 2011 , Page: 552 Nanda Gurwara, Sreemini Pillai, NarayaniSahu

59. Effectiveness of informational booklet regarding Quinolones on Knowledge and practice of staff nurses Lab to Land , Vol. – 3 , No. 10 , April – June 2011, Page – 216, 217, Nanda GurwaraSreeminiPillai.

60. Effectiveness of informational booklet regarding Quinolones on Knowledge and practice of staff nurses Lab to Land , Vol. – 3 , No. 10 , April – June 2011, Page – 216, 217, Nanda GurwaraSreeminiPillai.

61. A study to assess the effectiveness of computer assisted planned teaching program on family life education in terms of knowledge of adolescent school girls in selected school at Bhilai. Lab to Land , Vol. – 3 , No. 10 , 2011, page no. 224-226Jaya Chakraborty& Nanda Gurwara

- 62. Effect of storage on ascorbic acid content of Amla sauce..
Lab to Land , Vol-3 No. 9 2011. Page no. 73-74.Dr. Nanda Gurwara,DevshreeChaudhari.**
- 63. Study to assess the effectiveness of information booklet on breastfeeding among antenatal mothers in selected hospital at Bhilai (C.G.) . Lab to Land , Vol. – 3 , No. 12.2011, Page no. 581-582.
Dr. Nanda Gurwara,Daisy Abraham .**
- 64. An experimental study to evaluate the effectiveness of normal saline flush versus heparinised saline flush in maintaining the patency of peripheral intravenous catheters among children in selected hospital at Bhilai (C.G.). .Lab to Land, Vol. – 3, No.10.2011, page no.221-223.Dr. Nanda Gurwara, Daisy Abraham.**
- 65. A study to assess the knowledge regarding complementary therapies and the type of therapy used among general population of Bhilai (C.G.) Lab to Land , Vol -3 no. – 12, Oct – Dec 2011 , Page: 552 Nanda Gurwara, SreeminiPillai, NarayaniSahu**
- 66. "Impact of Advertisement of Television in Teen Ageds " 13-18 yrs. Lab to Land Vol.-3 No.12-2011 PP-579-580. Nanda Gurwara& Miss LataChaurasia.**
- 67. A study to assess the knowledge regarding complementary therapies and the type of therapy used among general population of Bhilai (C.G.) LabtoLand , Vol -3 no. – 12, Oct – Dec 2011 , Page: 552 Nanda Gurwara, SreeminiPillai, NarayaniSahu.**
- 68. "Impact of Advertisement of Television in Teen Ageds " 13-18 yrs. Lab to Land Vol.-3 No.12-2011 PP-579-580. Nanda Gurwara& Miss LataChaurasia.**

69. "Study to Assess the Effectiveness of Information Booklet on Breast Feeding and Nutritional Needs During lactation Among Antenatal Mothers". Lab to Land, Vol. 2, No. 5, Page 1- 6. (2010), ArunaPalta, Nanda Guruwara ,Nisha Sam.

70. "Study to Assess the Effectiveness of Information Booklet on Breast Feeding and Nutritional Needs During lactation Among Antenatal Mothers". Lab to Land, Vol. 2, No. 5, Page 1- 6. (2010), ArunaPalta, Nanda Guruwara ,Nisha Sam.

2009

71. Nanda Gurwara, ChitralkhaSinghrol, VasuVerma, Effect of Supplementation of Powdered Fenugreek Seeds for non- insulin dependent diabetes mellitus patients. Int Res. J. Lab to Land , Vol. I , No. 4, 2009.

72. VasuVerma, Nanda Gurwara, A Study of Bone Mineral density changes in per menopausal women. Int. Res. J. Lab to Land, Vol. – 1 , No. 9, 2009 (302-305)

2008

73. "Effect osSpirulina on weight and blood pressure levels of selected hypertensives in Raipur city". J. Parasit Appl. Anim. BiolVol. 15, No. 1 & 2 July 2006 page -43-48 (2008), PaltaAruna and Gurwara N.

2003

74. Awarness of Home Science Students for Various jobs Haemoglobin and cardiovascular efficiency of adolescent girls.ArunaPalta and Nanda Gurwara, (Govt. D.B. Girls Autonomous P.G. College Raipur) 30 April, 2001. The Indian J. Nut. Dietet. (2003), 40,327.

75. opportunities. ArunaPalta and Nanda Gurwara, (Govt. D.B. Girls Autonomous P.G. College Raipur). 24-25 2003.

2001

76. Haemoglobin values of adolescent girls of different Socio-Economic levels in Raipur. Nanda Gurwara, ArunaPalta, department of Food and nutrition, Govt. D.B. Girls Autonomous P.G. College Raipur. 11, 12, 13, Dec. 2001.

77. "Haemoglobin and cardio vascular efficiency of adolescent girls". J. Parasit. Appl. AnimBiol, Vol. 10, No. 1 and 2, page 41-48, (2001) Gurwara N. and PaltaAruna.

2000

78. Anaemia and endurance capacity of women college players. ArunaPalta and Nanda Gurwara, (Govt. D.B. Girls Autonomous P.G. College Raipur). 11-12 Feb. 2000.

1999

79. Role of small industries development organization towards women empowerment in Chhattisgarh Region. Mrs. AnubhaJha, Mrs. Nanda Gurwara, S. Mishra. Govt. D.B. Girls Autonomous P.G. College Raipur (M.P). 28-29 Jan. 1999.

1995

80. Awareness and inclination of home science students for jobs in various sectors. Nanda Gurwara, (Govt. D.B. Girls Autonomous P.G. College Raipur) National Research seminar on Home Science as job oriented science. Jan 20,21,1995. K. R. G. Post-Graduation, Gwalior.

- 81. Does the quality of protein in dinner influence human sleep profile and mood. Nanda Gurwara, Shipra Banerjee. Govt. D.B. Girls Autonomous P.G. College Raipur. 18-19 Dec. 1995.**
- 82. Effect of Breast Feeding in Infectious Diseases. Madhya Bharti-62. Research Journal of Dr. Harishankar Gaur University Sagar. Nanda Gurwara&Sapna.**

Books

1. **“Anaemia and cardio vascular efficiency of adolescent girls of different Socio Economic status in Raipur” Dr. Nanda Gurwara**

Published by UGC 2006

2. fd'kksjkoLFkk ,oa ,uhfe;k] MkW- uankxqjokjk] oSHkoizdk'ku] jk;iqj
3. fQVusl ,oa f[kykfM+;ksadkiks"k.k] MkW- uankxqjokjk] oSHkoizdk'ku
4. Hkkjrh; lekteqn~ns ,oaleL;k;sae'k:emRiknu % LojstxkjdkmRrelk/ku] MkW- uankxqjokjk] T;ksfrHkV~**VISBN No. 978-81.Centre for research Studies Rewa(M.P.)**

BOOKLET NAME

RESEARCH PROJECTS

- 1. UGC (2014-2015)“effect of dietary supplementation on anthropometric and biochemical components in pulmonary tuberculosis patients” . Principal investigator.**
- 2. UGC (2011-13) anaemia & cardiovascular efficiency of adult slums in Durg district. Principal investigator.**
- 3. UGC (period 2005-07) “effect of spirulina on blood pressure levels of selected hypertensive’s in raipur cit.” (co-investigator).**
- 4. UNICEF (2004) – “caring practices during pregnancy lactation & infancy in the tribals of Durg&Rajnandgaon districts of Chhattisgarh as compared to their rural counterparts. (co-investigator).**
- 5. CHHATISGARH COUNCIL OF SCIENCE AND TECHNOLOGY (2015)-
“Effect of Soya multi grain panjiri supplementation on hemoglobin level and cardio vascular efficiency of women in Raipur city”**

Seminar/ Workshop/ Symposium

2020

- 1. 7th International Virtual Congress, www.isca.net.co
August 5-10, 2020 Organized by International Science Community Association. Topic: Interlinking Stress Management and Nutrition. **Paper presented** Dr. Nanda Gurwara**
- 2. 7th International Virtual Congress, www.isca.net.co
August 5-10, 2020 Organized by International Science Community Association. Topic: Child Labour and Health. **Paper presented** Pooja Sonkar and Dr. Nanda Gurwara**
- 3. 7th International Virtual Congress, www.isca.net.co
August 5-10, 2020 Organized by International Science Community Association. Topic: Dietary Pattern and Lifestyle Modification of Non-alcoholic Fatty Liver Disease Patients. **Paper presented** Nafisha Parveen and Dr. Nanda Gurwara**
- 4. 7th International Virtual Congress, www.isca.net.co
August 5-10, 2020 Organized by International Science Community Association. Topic: Impact of Breastfeeding and weaning practices on Infant and mothers Nutritional**

status, Formulation of low cost nutritional supplementary food. **Paper presented** Ahana Peter and Dr. Nanda Gurwara

- 5. Workshop on Time Management, August 5-10, 2020**
Organized by International Science Community Association (Registered under Ministry of Corporate Affairs, Govt. of India". **Paper presented**

2019

- 6. National seminar on urbanization and its impact 4-5th January 2019. Paper presented**
- 7. National seminar on recent trends of research in home science, Berhampur University, Bhanja Bihar 7-8 march 2019. Paper presented**
- 8. Workshop on "stress coping strategies" 8 march 2019. Paper presented**

2018

- 9. National seminar on relevance of medical anthropology and tribal health care systems in the globalizing world, 16 – 18 march 2018. Paper presented**
- 10. Topic: Nutrition and health of pulmonary tuberculosis patients, National seminar on relevance of medical anthropology and tribal health care system in the globalizing world. (2018). Paper presented**

2017

- 11. Topic: Effect of dietary supplementation on haemoglobin status and cardiovascular efficiency of ethnic tribal anaemic women of Chhattisgarh, shod saransh Chhattisgarh adiwasihotsav (2017) .Paper presented**

2016

- 12. National workshop “Innovative trends in textile designing, 11 & 12 November 2016.**

2015

- 13. Workshop on:- strategies development and deployment to achieve access, equity and excellence in higher system. 26th June 2015.**

- 14. National seminar on “recent trends in materials science” 6th August 2015. Paper presented**

- 15. National seminar on “ conservation of plant diversity : global issue .7th August 2015. Paper presented**

- 16. National workshop on “ food pesticides and consequent health hazards. 8th August 2015.**

- 17. Workshop on quality education 30th -31st December**

2015

2014

18. National seminar on nutraceutical attributes of soya milk- a step towards healthy life.8thjune 2014.Paper presented

19. National workshop English in the air and everywhere.13th august 2014.

20. National seminar on food technology & women entrepreneurship.26thsept 2014.Paper presented

2013

21. National seminar on “global financial crisis and Indian economy”, held on 13th august 2013.Paper presented

2012

22. National workshop on “current trends of research in home science”On 12.09.2011,she has presented a poster titled “dietary pattern and life style practices of hypertensive patients. National workshop on “awareness towards a holistic management of environment”7th august 2012.

23. National seminar on women entrepreneurship recent trends & opportunities in home science, 26th & 27th September 2012.Paper presented

24. National seminar on globalization & changing role of women,20th-21st November 2012.

2011

25. National seminar on emerging trends in scientific research,11th-12th October 2011.

2010

26. The national workshop on “application of computers in research”15-16thfeb 2010.

27. National seminar on Eco-Tourism And Its Environmental Impact.26-27th November 2010.

2007

28. A national seminar on newer perspectives in eradication of anemia.2007

29. The state level workshop cum seminar on nutrition fitness and sports on 24th – 25thfeb 2007, topic:anemia and endurance of adolescent girls 13-15 year.

30. National seminar on spatial planning: development & planning,23-24thfeb 2007.

31. The symposium on “stem cell- in future medicine”25thjuly 2007.

32. National research seminar on consumer protection & consume welfare.20th-21stsept 2007.

2006

33. Symposium on biotechnology in future medicine,25th -31stjuly 2006.

2005

34. National seminar on “women in 21th century”10-11march 2005.

2002

35. National workshop on “preparation of research project proposal”18th -20th 2002.

2000

36. National seminar on development of physical education & sport in new millennium, Raipur 11-12 Feb. 2000.

37. Topic: health risk of pesticide in food, national workshop on “food pesticides and consequent and health hazards” sponsored by UGC.

Other achievements

- **Counselor of IGNOU Study centre 3513/P at Raipur for M.Sc. – Dietetics and Food Service Management Course.**
- **Member, Editorial Board of International Research Journal, Lab to Land Chhattisgarh Medico, Informatics Society, Raipur.**
- **Member Editorial Board of Journal of Humanities and applied life sciences (ISSN-2248—9673)**

2018

1. **राष्ट्रीयकार्यशाला, उन्नतजीवनकेलिएयोग, 27-29 अगस्त2018**
2. **कैनिंगएवफलपरिरक्षणप्रशिक्षणकेंद्ररायपुर (छ.ग.) 26/11/2018से26/12/2018
GovtD.B.girls P.G. College kalibadi Raipur**
3. **Presented a paper at zonal scientific conclave 'NUTRICON 2018' held on 8th& 9th December 2018.**
4. **Indian dietitics association Chhattisgarh chapter
22ndDecember 2018.**

2017

5. **आदिवासीसाहित्यमहोत्सव, effect of dietary supplementation on haemoglobin status and cardiovascular efficiency of ethnic tribal anaemic women ,10-11 दिसम्बर 2017.**

2016

6. **कैनिंगएवफलपरिरक्षणप्रशिक्षणकेंद्ररायपुर (छ.ग.) 07/09/2016से 13/09/2016**
7. **Priyanka beauty parlour & training center 20th -27th
/09/2016**

8. Short term course on gender issues held from 18-24/10/2016.

9. National science day 2016

2015

10. कैनिंगएवफलपरिरक्षणप्रशिक्षणकेंद्ररायपुर (छ.ग.) 02/01/2015 से 05/01/2015

11. National confederation of dalit organization (NACDOR)9thOctober 2015.

2014

12. Faculty development programme,Raipur,23/12/2013-07/01/2014.

13. “डायटेक्सिदिवस” ,छत्तिसगढ़चेष्टर , 10/01/14

14. Vocational Courses सिलाई,मेंहदी,कढ़ाई, रायपुर (छ.ग.) , 29/04/2014 से 05/05/2014

15. हिन्दीएवंअंग्रेजीसुलेखअल्पअवधिवोकेशनलकोर्स , रायपुर (छ.ग.) , 06/05/2014 से 13/05/2014

16. यू. जी. सी. प्रायोजितराष्ट्रीयशोधसंगोष्ठी, रायपुर (छ.ग.) , 12/08/2014

17. International colloquium on endocrinology and physiology 29th-30thsept 2014.

18. National confederation of dalit organization (NACDOR)25thnovember 2014.

2013

19. “स्तनपानसप्ताहदिवस” ,छत्तिसगढ़चेष्टर,1/8/13

2012

20. राष्ट्रीयकार्यशाला,इक्कीसवींसदीमेंहिन्दी:चुनौतियाँऔरसम्भावनाएं, रायपुर
(छ.ग.), 6 अगस्त 2012

21. राष्ट्रीयकार्यशाला,हमहीरचेंगे- हमहीरखेंगे- अपनाभारतसुंदर, रायपुर (छ.ग.)
,2012

2011

**22. Saksham -it champion training program from 12th-
22nd 2011.**

2010

**23. International conference on vedic science & its
application,20-21st November 2010.**

2007

24. राष्ट्रीयसंगोष्ठी –“महत्वाकांक्षाओंकादबावएवंबदलतेजीवनकामूल्य” , (जिला –
दुर्ग) ,13-14 फरवरी 2007

2004

**25. Association of medical biochemists of
india,12thabbicon 2004.**

Life Member –

**1) Research Journal of Humanities & Applied Sciences ,
ISSN-2248—9673**

2) International Research Journal , ISSN No. 0975-282X

**3) Research Journal of Social and Life Sciences, Rewa
(0973-3914)**

4) National symposium on empowerment of women in contemporary india.28-29 January.

5) Indian dietetic association chapter 2015

Member

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Member – Board of Studies V.C. Nominee, Home science Faculty Member Pt. Ravi Shankar Shukla University Raipur. (2011-2013).

Dean Home science Faculty Member Pt. Ravi Shankar Shukla University Raipur

Guided

Guided – PhD awarded 07 Candidates, Above 62 dissertations for M.Sc. Food and nutrition, P.G. Diploma in Dietetics and IGNOU Student of D.F.S.M.

Resources Person

Resources Person – Aanganwadi Supervisor training Raipur, Aanganwadi Supervisor training Rajnandgaon (2018) Workshop in Computer training Programme by Saksham champion training programme (from 12.12.2011 & 22.12.2011) attended.

NATIONAL WORKSHOP ORGANIZING SECRETORY SPONSORED BY UGC.

- 1. Topic: Organic farming and its health benefits, national workshop on “food pesticides and consequent and health hazards” sponsored by UGC,8 august 2015.**
- 2. Topic: Pesticides and public health, national workshop on “food pesticides and consequent and health hazards” sponsored by UGC,8 august 2015.**
- 3. Topic: health risk of pesticide in food, national workshop on “food pesticides and consequent and health hazards” sponsored by UGC, 8 august 2015**

Recognized as Ph.D. Supervisor

Name of university Year/date of recognition 29/10/2009

Ph.D. Awarded

**Name of student Title of thesis Year/ date of registration Name
of University Ongoing/awarded Year of award**

- 1. Smt. Jaya Chakraborty “EFFECTIVENESS OF GROUP BASED
COUSELLING AND DEMONSTRATION ON NUTRITIONAL STATUS OF
RURAL MARRIED WOMEN AND THEIR CHILDREN”. 08-07-2011
Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 30-09-
2015**
- 2. Smt. Daisy Abrahm “AN ANALYSIS OF RISKFACTORS OF
OSTEOPOROSIS AMONG PREMENOPAUSAL WOMEN
:EFFECTIVENESS OF DIETARY COUNSELING”. 08-07-2011
Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 07-10-2015**

3. **Smt. Sreemini Pillai** “EFFECTIVENESS OF DIETARY APPROACH AND LIFE STYLE MODIFICATION ON HYPERTANSIVE PATIENTS”.
08-07-2011 Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 07-10-2015
4. **ChitrarekhaSingroul** “EFFECT OF DIETARY COUNSELLING ON THE NUTRITIONAL STATUS OF PULMONARY TUBERCULOSIS PATIENT”.
08-07-2011 Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 20.11.2015
5. **Anjuli Mishra** “ASSESMENT OF NUTRITIONAL STATUS OF SCHIZOPHRENIC PATIENTS”. 08.07,2011 Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 13.07.2015
6. **ChandrakalaJanghel** “EFFECTIVENESS OF PROTEIN VITAMIN C SUPPLEMENTATION & LIFESTYLE MODIFICATION ON PULMONARY TUBERCULOSIS PATIENT”.02.11.2015 Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 16.10.2019
7. **ReenaBarai** “IMPACT OF MULTIGRAIN PUJEERI SUPPLEMENTATION IN MALNOURISHED WOMEN IN RAIPUR CHATISSGARH”. 02.11.2015 Pt. Ravishankar Shukla University, Raipur C. G. AWARDED 30.10.2019

Member academic bodies/ Board of Studies

Name of the body **Position (Life member/annual member/chairperson etc.)** **Year/date** **from** **to**

Participation in Symposium/conference/seminar

Title of the activity **Year/date** **from** **to** **Type of presentation oral/postar/invited talk/chairperson** **Title of presented abstract** **Name of organizing institute**

Consultancy provided

Name **Year** **Name of target group** **Number of beneficiary**
Revenue generated

Extension and outreach programme conducted in collaboration with red cross or any other

Name of the activity Year/date from to Name of target group Number of beneficiary Organizing agency award/recognition received

Collaborative activity conducted

Name of activity faculty/student exchange Year/date from to Number of participants Position in organizing committee

Linkages developed

Nature of linkage Title of linkage Name of partnering institute Year/date from to

Efforts made for MoU

Name of organization Date of MoU signed Purpose Year/date from to

E-content developed under e-pathshala etc.

Type of content video/audio/PDF etc. Title of content Platform for which module is developed Link

video Link

- | | | | |
|----------|--|------------------------|-------------|
| 1 | NUTRIENT & DRUG INTERACTION | www.cgschool.in | |
| 2 | FOOD ADULTERATION | www.cgschool.in | Link |
| 3 | OBESITY & TREATMENT | www.cgschool.in | Link |
| 4 | NUTRITION | www.cgschool.in | Link |
| 5 | ANAEMIA | www.cgschool.in | Link |

6 POLICY & PROGRAMME OF THE GOVERNMENT www.cgsschool.in
Link

7 DEGENERATIVE DISEASES IN ELDERLY www.cgsschool.in
Link

Personal counselling/mentoring/career counselling

Type of counselling Number of beneficiary Year

150 Last Five Years

Guidance for competitive exams

Name of exam PSC/UPSC/NET/SET Number of beneficiary Year

**PSC Examination for the post of Professor as a Examiner took
interview of candidates 2017**

Professional development training programme organized

**Title of the programme Duration from to DATES Position in
organizing committee coordinator/member**

FOOD PRESERVATION 2019-20 CONVENERS

**FOOD PRESERVATION 24.11.2019, 25.12.2019 CO
CONVENER**

**EXHIBITION LEARN & EARN EXHIBITION FRUITS & VEGETABLES
18.01.2020 CONVENER**

ACCUPRESSURE & HEALTH 01.11.2019 CONVENER

LINK OF YOUTUBE CHANNEL OF TEACHING VIDEO

<https://youtu.be/2Q94BVSRw4E>

<https://youtu.be/CTwAvQ4-ze8>

<https://youtu.be/tU05ceE2gIQ>

<https://youtu.be/rgkejy3Ff3g>

<https://youtu.be/9No9PFXAfol>

<https://youtu.be/oDqEqhOSulw>

<https://youtu.be/JOFFnz0DYGw>

<https://youtu.be/8gGghMTiWjc>

AS A RESOURCE PERSON

<https://youtu.be/Hf2NYOGsTMg>

Organised by Dr. Nanda Gurwara (Convenor)

Short term Value Added Course-Women and Child Care. Duration-30hrs

13 july to 27 july (2021)